

Catholic Charities Nutrition Outreach and Education Program (NOEP) in Schenectady County



Catholic Charities in Schenectady County

*Do you struggle to afford food for your family?
Do you sometimes have to choose between paying for
medication and buying food?*

FOOD STAMPS can help you stretch your
monthly budget and purchase the food you need
to keep your family healthy.

NOEP can assist you with the following:

- Provide free and confidential prescreening for potential food stamp eligibility
- Assist in completing and submitting the food stamp application
- Assist in identifying and photocopying required documentation
- Advocated for applicants or people receiving food stamps

The Food Stamp Program is a federally funded nutrition assistance program that helps people to purchase food. Food Stamps give you and your family more buying power for weekly groceries and with that leave more \$\$\$ for monthly bills. Furthermore there is an extraordinary economic benefit for your local community. Every \$5 spent in food stamps results in almost \$10 in economic revenue for local businesses.

Many **working families** are eligible for food stamps. The program **is available to U.S. and non-U.S Citizens**. Immigrants need not be afraid to apply.

Income guidelines are adjusted annually on October 1st. **So even if you have applied for food stamps in the past and were not eligible, contact Theresa Anderson, NOEP Coordinator, to see if you might be eligible now.**

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This institution is an equal opportunity provider. Prepared by a project of the Nutrition Consortium of NYS, USDA/FNS, NYSDOH and NYSOTDA